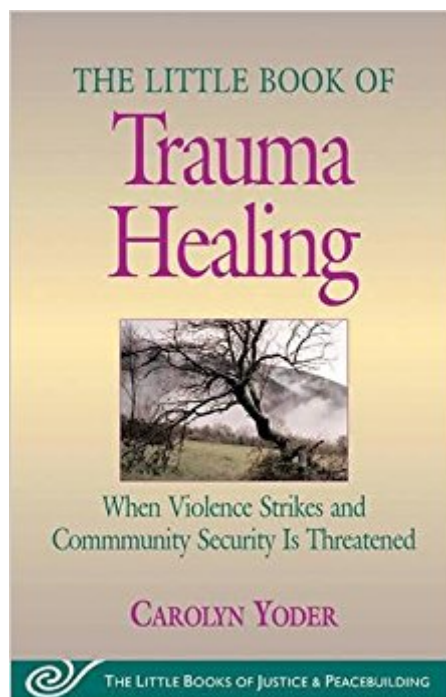


The book was found

The Little Book Of Trauma Healing: When Violence Strikes And Community Is Threatened (Little Books Of Justice And Peacebuilding)



Synopsis

Following the staggering events of September 11, 2001, the Center for Justice and Peacebuilding at Eastern Mennonite University was asked to help, along with Church World Service, to equip religious and civil leaders for dealing with traumatized communities. The staff and faculty proposed Strategies for Trauma Awareness and Resilience (STAR) programs. Now, STAR director, Carolyn Yoder, has shaped the strategies and learnings from those experiences into a book for all who have known terrorism and threatened security. A startlingly helpful approach. A title in The Little Books of Justice and Peacebuilding Series.

Book Information

Paperback: 90 pages

Publisher: Good Books (November 2005)

Language: English

ISBN-10: 1561485071

ISBN-13: 978-1561485079

Product Dimensions: 8.5 x 0.3 x 5.5 inches

Shipping Weight: 4.2 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars 13 customer reviews

Best Sellers Rank: #57,575 in Books (See Top 100 in Books) #72 in Books > Health, Fitness & Dieting > Mental Health > Post-traumatic Stress Disorder #202 in Books > Self-Help > Stress Management #236 in Books > Health, Fitness & Dieting > Alternative Medicine > Healing

Customer Reviews

Carolyn Yoder directs Strategies for Trauma Awareness and Resilience (STAR), a joint program of Eastern Mennonite

I gave this four stars, but honestly I had mixed feelings. The book was well written, and much of it made sense and was well thought out. However, there was one little chunk that lost me here. It basically stated that victims, in order to recover, needed to discover within themselves what they had done in order to cause their aggressor to harm them. I had SERIOUS issues with that. Skip that chapter and it isn't a bad little book

This small book helps me to understand how to respond to traumatic situations as well as helping

others to cope and manage traumatic situations.

The most amazing book I've read about trauma, and how to break out of the cycle of trauma. Yoder packs so much information in such a little book. I think it is a book that everyone should read, especially if you work with people because you will see how most of us are affected in some way by trauma.

The clear definitions about the many kinds of trauma found in today's world are very helpful, as are the suggestions for accompanying folks through each type to promote healing.

Excellent introduction. It leaves you wishing for more. But then it is a "Little Book."

The violence cycle often results in devastation and emptiness; forgiveness and healing are a path out of the chaos and toward unity and peace.

This is a good book for anyone who has had something traumatic in their life happen. I read it once and am going to read it again because it has great section on helpful advice.

Good stuff.

[Download to continue reading...](#)

The Little Book of Trauma Healing: When Violence Strikes and Community Is Threatened (Little Books of Justice and Peacebuilding) The Little Book of Circle Processes : A New/Old Approach to Peacemaking (The Little Books of Justice and Peacebuilding Series) (Little Books of Justice & Peacebuilding) The Big Book of Restorative Justice: Four Classic Justice & Peacebuilding Books in One Volume (Justice and Peacebuilding) Little Book of Strategic Peacebuilding: A Vision And Framework For Peace With Justice (Justice and Peacebuilding) The Little Book of Biblical Justice: A Fresh Approach to the Bible's Teaching on Justice (The Little Books of Justice and Peacebuilding Series) Trauma Surgery: Volume 1: Trauma Management, Trauma Critical Care, Orthopaedic Trauma and Neuro-Trauma The Little Book of Race and Restorative Justice: Black Lives, Healing, and US Social Transformation (The Little Books of Justice and Peacebuilding) The Little Book of Transformative Community Conferencing: A Hopeful, Practical Approach to Dialogue (Justice and Peacebuilding) The Little Book of Restorative Justice: Revised and Updated (Justice and Peacebuilding) The Little Book of Restorative Justice for Older Adults: Finding Solutions to the

Challenges of an Aging Population (Justice and Peacebuilding) Little Book of Conflict Transformation: Clear Articulation Of The Guiding Principles By A Pioneer In The Field (The Little Books of Justice and Peacebuilding Series) Little Book of Contemplative Photography: Seeing With Wonder, Respect And Humility (Little Books of Justice & Peacebuilding) The Little Book of Dialogue for Difficult Subjects: A Practical, Hands-On Guide (Little Books of Justice & Peacebuilding) Little Book of Circle Processes: A New/Old Approach To Peacemaking (Little Books of Justice & Peacebuilding) Quality Peace: Peacebuilding, Victory and World Order (Studies in Strategic Peacebuilding) Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Little Book of Victim Offender Conferencing: Bringing Victims And Offenders Together In Dialogue (Justice and Peacebuilding) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) The Trouble with the Congo: Local Violence and the Failure of International Peacebuilding (Cambridge Studies in International Relations) Healing Developmental Trauma: How Early Trauma Affects Self-Regulation, Self-Image, and the Capacity for Relationship

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)